



Redwing Boys Lacrosse Club



2009 Registration Meeting

**THE DIFFERENCE BETWEEN
GOOD AND GREAT IS A LITTLE
EXTRA EFFORT**

November 10, 2008



Redwing Boys Lacrosse Club



2008 Lacrosse Cup State Champions



Redwing Boys Lacrosse Club



Brief History

- 2005 Boys Program Established
- 2006 Benet Signs Emerging Sport Agreement
- 2006 Boys Program Fields JV and Freshman Teams
- 2007 Boys Programs Fields a Freshman, JV & Varsity Team
- 2007 Boys Varsity Lacrosse Cup Semifinalists
- 2008 Boys Varsity Lacrosse Cup Champions



Redwing Boys Lacrosse Club



Student Participation

- 2005 Boys Program 20 Students as a club team
- 2006 Boys Program 55 Students Fr & JV Team
- 2007 Boys Program 63 Students Fr, JV & V Team
- 2008 Boys Program 65 Students Fr, JV & V Team
- 2009 Boys Program 85* Students Fr, JV & V Team
 - 15 Srs, 20 Jrs, 25, Soph, 25 Frosh (currently have 35 frosh signed up)
 - * Estimated



Redwing Boys Lacrosse Club



Successful Start Boys

•2006 Boys Program

- JV Team Goes 20 – 1 and Wins JV Championships
- Have our first All Conference player

•2007 Boys Programs

- Varsity Team goes 16 – 5
- Won Conference Championship
- State Semifinalist

•2008 Boys Program

- Varsity Team goes 19-2
- Wins State Championship
- 13 players all conference / 2 players all state / 1 Academic All American
- Moved from Class “B” to Class “A” with NN, NCHS, WWVS, St Charles in league



Redwing Boys Lacrosse Club



Organizational Quick Facts

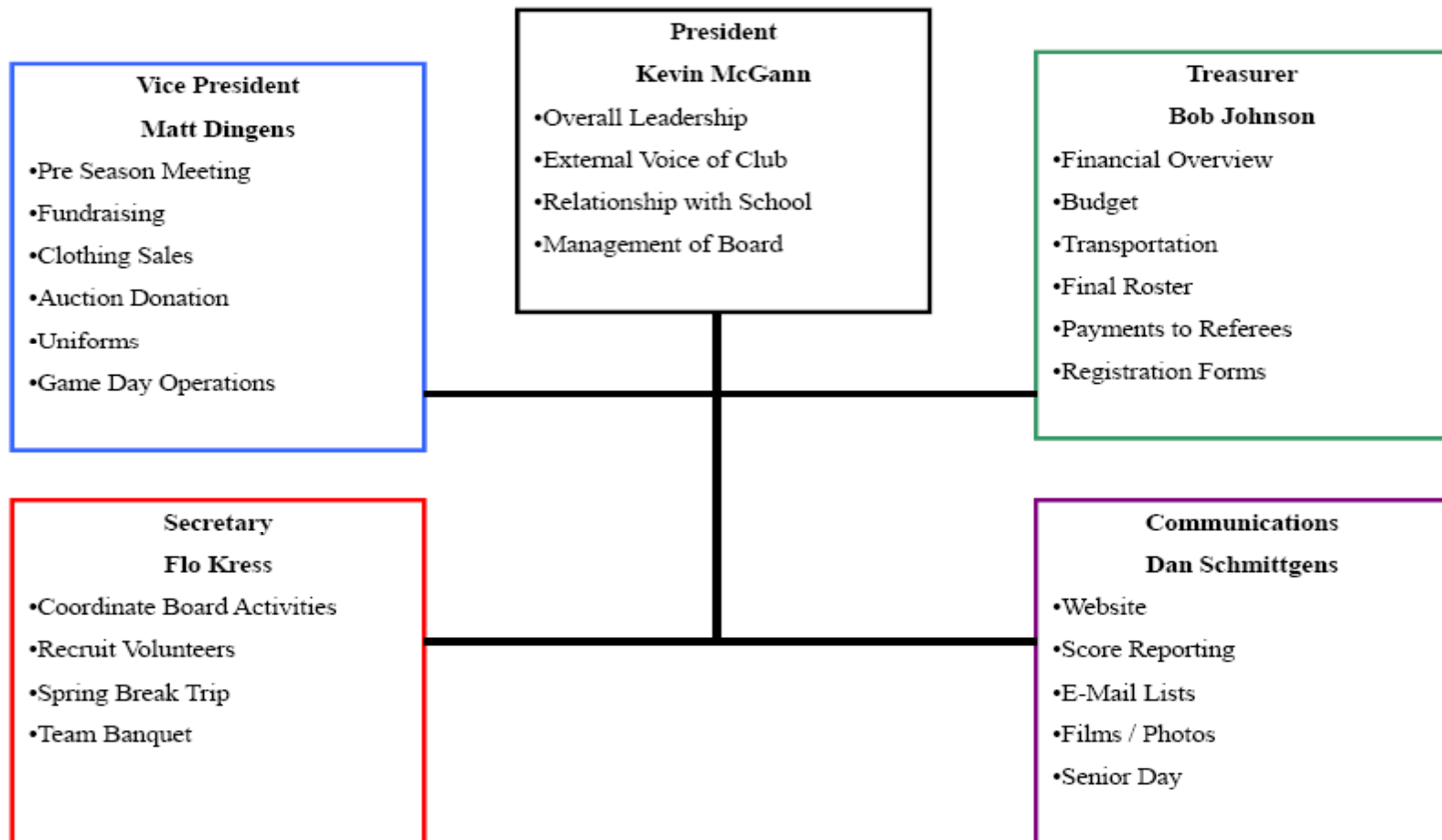
- Teams are run by parent boards. There is a 5 member Executive Board and 7 at large members
- Every parent participates in the program through “CO-OP” job participation
- Have a independently run website for the lacrosse team
 - www.benetlacrosse.org



Redwing Boys Lacrosse Club



Benet Academy Lacrosse Club Executive Board of Directors Organization





Redwing Boys Lacrosse Club



Clubs Approach Quick Facts

- We believe we follow all Benet Academy sport participation rules for eligibility and participation. This is our goal. This includes following all academic and discipline guidelines for eligibility.
- Playing time is earned not guaranteed. Even though this is a club sport it is run like a Varsity sport.
- We are a club sport but we do award Varsity and JV letters
- Benet is laying the groundwork to begin bringing us into the athletic department. We would still be a club due to IHSLA regulations.



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Player Quick Facts

- One third of current players participate in another sport
- Over 50% of players have not played lacrosse prior to their Freshman year
- We have not had cuts in this program to date but we expect Varsity Cuts in the next two years
- All grades are eligible to play for Varsity and all grades are eligible for JV. This includes Seniors.



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Playing Field Quick Facts

- This year we again secured use of BU facilities for practices and all Varsity and JV home games. Freshman will play games on the practice field
- We are trying to establish a long term agreement with BU to use the front corner field for practice and to use the Stadium for games
- We understand that we may lose BU practice field in 2010 due to possible construction
- Benet does allow us access to classrooms for rain days



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Freshman Team Quick Facts

- Freshman practice at ~5:30 pm in front of Rice Center
- Freshman will play a nine game schedule
- Goal of the Freshman program is to:
 - Develop passing and catching skills
 - Introduce the Benet offense & Defense
 - Create an enthusiasm where all players return in their Sophomore year
 - Win our league



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JV Team Quick Facts

- Practice at ~5:00 pm in front of Rice Center
- JV will play a fourteen game schedule
- Goal of the JV program is to:
 - Hone passing and catching skills
 - Master the Benet offense and Defense
 - Prepare the player to contribute to the Varsity the following year
 - Win the JV league Title



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Varsity Team Quick Facts

- Practice at ~3:30 pm in front of Rice Center
- Varsity will play a Nineteen game schedule plus playoffs
- Goal of the Varsity program is to:
 - Create a well disciplined, well conditioned TEAM
 - Win the League and State Championship



Redwing Boys Lacrosse Club



Support Benet Men's Lacrosse Club - Car Wash Fund Raiser!

(Choose Any Wash = Major League Auto Spa Donates Proceeds To The Team)



Sunday, November 16th, 8AM – 4PM
1090 E. 75th Street, Naperville, IL 60565
(between Washington St. and Naper Blvd.)
630-579-4210



www.benetlacrosse.org



2008 Lacrosse Cup State Champions

Please present this coupon when paying for your car wash to earn us funds:

Car Wash Fundraiser Benefiting Benet Men's Lacrosse Club



Sunday, November 16th
8AM to 4PM

1090 E. 75th Street, Naperville, IL 60565
(between Washington & Naper)
630-579-4210

Wash Your Car – Support Our Team!



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Equipment Quick Facts

- Helmets must be Black with Red Visor and Chin piece
- Benet will supply stickers for Helmets



- Gloves must be mostly Red and Black
- Custom gloves are available but there is a lead time for them
- Players Indoor has sets available for purchase with discounts as does Play it Again Sports in Naperville or LAX.com



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Off Season

- Winter programs are already going on at Players Indoor Sports Arena in Naperville. It is very important to get playing time with teammates during off season and most players and coaches are at Players. Lacrosse America in Darien is another option but we would prefer Players.
- There is open gym at players on Tuesdays and Thursdays for \$10. This is where the kids preseason work makes a difference
- There will be NO mandatory offseason programs on weekends but players will begin earning Varsity positions and playing time in the offseason and at January and February clinics.
- **THE DIFFERENCE BETWEEN GOOD AND GREAT IS A LITTLE EXTRA EFFORT**



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Future Goals

- Continue to be a self funding team that does not look to Benet for funding but we may need assistance with field procurement in the future if we lose BU. We could allocate \$5,500 annually to Benet for summer field renovations instead of giving it to BU.
- We would like to explore the possibility of cost savings so we can lower our participation fees.
 - One example would be can we have Benet add us to their insurance policy. We would pay the additional cost to the school but it may be cheaper to add lacrosse as a rider to an existing plan vs. us getting a new one.
- Get a Banner in the Gym to recognize the State Championship and have the trophy added to the State Championship Case in lobby of Gym



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Future Goals

- Establish a winter conditioning program in a Benet Gym. This program would be held in am and would not include balls and sticks (Agility, Conditioning and Teambuilding). All male spring and fall athletes would be invited to participate. Similar to what Brother Rice HS, MI runs for Football and Lacrosse players (over 125 Athletes participate 3 x week) in the winter
- Get a member of the Benet Faculty or Staff to be a liaison at our meetings so that Benet knows what is going on in our program to ensure we are running it correctly
 - Attend Monthly Board meetings and hopefully come to a few games
- Try to integrate the Boys and Girls program



Redwing Boys Lacrosse Club



Coaches

We have assembled the best coaching staff in the State of Illinois

Head Varsity and Director of Lacrosse	Tim Hurst
Varsity Assistant	Brian McPhie
Head JV Coach	Dave Bassett
Head Freshman Coach	Doug Tillett
Assistant Freshman Coach	Mike Byrne
Program Development Oversight	Andrew Shaffner



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Coach Communication

If you have a general question about the team please feel free to discuss with your son's individual coaches.

If you have an issue about some situation we ask the following:

1. Please use Matt Dingens or Kevin McGann as your point of contact.
2. Never approach the coach directly after practice or a game. If you do they will acknowledge you but will walk away.
3. If you feel you must call or write an e-mail use the 12 hour rule.



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